

Things to Bring

ONLY ONE SUITCASE PER PERSON IS ALLOWED.

- Small backpack/travel bag to fit your Bible, journal, rosary, & refillable water bottle
- Personal toiletries and medications
- Washcloth and towel
- Good ideas: Sunscreen, chapstick, lotion, wet wipes, hand sanitizer, flashlight, camera, insect repellent, hat/cap

Women's Packing List & Dress Code

- Jeans/Long pants/Capris
- Shorts (must be to the knee, nothing shorter)
- T-shirts (nothing tight-fitting or low cut, no cleavage)
- Socks and underwear (must not be seen through clothing)
- Shoes (one pair must be closed-toe for work projects)
- One pair of Mass clothes (knee-length or longer skirt and nice shirt or long dress)
- One or two pairs of work clothes for service projects (must comply with dress code)
- Swimsuit (must be one piece with shorts over it or two piece with shirt and shorts over it)

Not allowed:

- Yoga pants, leggings, jeggings, sweatpants, or Softe/Nike-type athletic shorts.
- No tank tops or spaghetti straps; all shirts must have sleeves.
- Clothing with alcohol, tobacco, or non-Christian advertising, inappropriate language or innuendos.
- Drugs, alcohol, firearms, or weapons of any kind.

Men's Packing List & Dress Code

- T-shirts
- Jeans/Long pants
- Shorts (must be to the knee)
- Socks and underwear
- Shoes (one pair must be closed-toe shoes)
- One or two pairs of work clothes for service projects (must comply with dress code)
- One pair of Mass clothes (nice pants and button-up or polo shirt)
- Swimsuit (must have mesh lining or board shorts with underwear)

Not allowed:

- Clothing with alcohol, tobacco, or non-Christian advertising, inappropriate language or innuendos.
- No tank tops or muscle shirts. All shirts must have sleeves.
- Drugs, alcohol, firearms, or weapons of any kind.

PACKING LIST: ABBEVILLE