

## **Parental Control/ Screen Time**

### **Android Phone ([support.google.com](https://support.google.com)):**

1. Open the Google Play app.
2. At the top right, tap the profile icon.
3. Tap Settings>Family>Parental controls.
4. Turn on Parental controls.
5. To protect parental controls, create a PIN your child doesn't know.
6. Select the type of content you want to filter.
7. Choose how to filter or restrict access.

### **iPhone ([support.apple.com](https://support.apple.com)):**

1. Go to Settings and tap Screen Time.
2. Tap Content & Privacy Restrictions and enter your Screen Time passcode.
3. Tap Content Restrictions, then tap Web Content.
4. Choose Unrestricted Access, Limit Adult Websites, or Allowed Websites Only.

### **Snapchat:**

1. Ensure your child can only be contacted by Friends. Open the profile page and tap on the gear icon. In the Who Can section, tap on Contact Me and select My Friends.
2. Again in the Who Can section, tap on View My Story and select My Friends, so you and your child can control who views your child's Snaps.
3. Still in the Who Can section, tap on See My Location and select Ghost Mode.
4. Snapchat has a feature that will suggest your child as a friend to other users, including subscription channels. Turn this feature off, in the Who Can section, tap See Me in Quick Add, and uncheck that option.
5. To disassociate your child's phone number from Snapchat, open your child's profile page, tap on the gear icon, tap on Mobile Number and deselect the mobile number option.
6. Snapchat allows users to block other users and specific content. To report inappropriate posts, tap and hold on the Snapchat post until a flag icon appears. Tap on the icon for options for reporting that post.